

## Kinetic Energy Driven Ferromagnetic Insulator

We construct a minimal model of interacting fermions establishing a ferromagnetic insulating phase. It is based on the Hubbard model on a trimerized triangular lattice in the regime of  $U \gg t \gg |t'|$  with  $t > 0$  and  $t'$ , the intra- and inter-trimer hopping amplitudes respectively. At the  $\frac{1}{3}$ -filling, each trimer becomes a triplet spin-1 moment, and the inter-trimer superexchange is ferromagnetic with  $J = -\frac{2}{27} \frac{t'^2}{t}$  in the limit of  $U/t = +\infty$ .

As  $U/t$  becomes finite, the antiferromagnetic superexchange competes with the ferromagnetic one. The system enters into a frustrated antiferromagnetic insulator when  $\lambda > U/t \gg 1$  where  $\lambda \sim 10$ . In contrast, a similar analysis performed on the trimerized Kagome lattice shows that only antiferromagnetic superexchange exists at 1/3-filling. The effect of threading flux is also studied.

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